



## Here's What you Need to Know About Heat-Related Power Outages

To prepare for power outages, it's important to have an emergency kit ready, with a working flashlight and a battery powered radio to listen to the news. Other things to think about to prepare for power outages include:

- If you are dependant on medical equipment that uses electricity, you should register with the Disaster Management Bureau of the Long Beach Fire Department by calling 570.9250
- Since cordless phones may not work during a power outage, make sure you have a regular phone (not cordless) or a fully-charged cellular phone in case you need to make calls during the power outage
- The City of Long Beach's Emergency Notification System, called Reverse 9-1-1, can deliver emergency messages via telephone to every regular landline in the City. This Emergency Notification System could be used during power outages. **Cell phones, TTY/TDD, and Internet phone service require registration for Reverse 9-1-1 notification.** For more information, or to register your phone, please visit [www.longbeach.gov](http://www.longbeach.gov).
- Install surge protectors on important electronic equipment to safeguard them during power surges
- If you have an automatic garage door opener or gate, know how to open them manually

If a power outage occurs, here are a few things you should do:

- Call Southern California Edison's emergency number (800.611.1911) to let them know you have lost power
- Tune into KKJZ 88.1 FM to hear any emergency information the City wants you to know
- To help prevent your food from spoiling, do not open your refrigerator or freezer. For short power outages (less than 4 hours) your food should be safe. For longer power outages, check the temperature in your perishables (like dairy products, meats, and cooked foods) using a food thermometer when the power comes back on; if the

temperature is over 45°, those items should be discarded. And if the food in your freezer is still frozen, it is safe to eat.

- If it's hot out, go to an air-conditioned location, like a friend's house, a store, a shopping mall, the library or a parks and recreation center to stay cool. The City's Parks and Recreation Centers are the city's designated "cooling centers," or places to go to stay cool if people do not have or cannot use their air conditioning. These centers are normally open Monday – Saturday; call 570.3100 for locations and hours of operation.
- If one of these centers needs to be opened on a Sunday or a holiday because of a power outage, you can find out which center is open by calling the Health Department's Info Line at 570.4499, the Los Angeles County Info Line at 211, or by listening to KKJZ 88.1 FM.